#### SUPAGWD

# An Introduction to General Relativity, Gravitational Waves and Detection Principles

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# **Gravity in Einstein's Universe**



Spacetime tells matter how to move, and matter tells spacetime how to curve









"...joy and amazement at the beauty and grandeur of this world of which man can just form a faint notion."







We are going to cram a lot of mathematics and physics into approx. 2 hours.

Two-pronged approach:

- Comprehensive lecture notes, providing a 'long term' resource and reference source
- Lecture slides presenting "highlights" and some additional illustrations / examples

Copies of both available on mySUPA





#### What we are going to cover

- 1. Foundations of general relativity
- 2. Introduction to geodesic deviation
- 3. A mathematical toolbox for GR
- 4. Spacetime curvature in GR
- 5. Einstein's equations
- 6. A wave equation for gravitational radiation
- 7. The Transverse Traceless gauge
- 8. The effect of gravitational waves on free particles
- 9. The production of gravitational waves





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Gravitational Waves and detector principles

Introduction to GR

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#### Aims and Objectives.

At the end of the course students should be able to:

- explain qualitatively, from the General Theory of Relativity, how metric perturbations in free space take the form of a wave equation, propagating at the speed of light
- describe how gravitational waves are produced by the asymmetrical acceleration of matter
- explain qualitatively the quadrupole nature of gravitational waves, and specifically why there is no dipole gravitational radiation, and how gravitational waves interact with matter
- explain the physical principles underlying detectors of gravitational waves with particular emphasis on detectors using laser interferometry





#### Learning Outcomes:

- To be able to discuss and describe the field of gravitational wave detection on three levels: for the intelligent layperson, for schoolchildren, and for the nonspecialist professional physicist or astronomer
- To acquire sufficient general background knowledge of the field to write confidently the introductory sections of reports (at first and second year level) and of a Ph.D. thesis.





## Websites of my Glasgow University Courses

Part 1: Introduction to General Relativity.

http://www.astro.gla.ac/users/martin/teaching/gr1/gr1\_index.html

Part 2: Applications of General Relativity.

http://www.astro.gla.ac.uk/users/martin/teaching/gr2/gr2\_index.html

Both websites are password-protected, with username and password 'honours'.

#### Recommended textbooks



"A First Course in General Relativity" Bernard Schutz

ISBN: 052177035

Excellent introductory textbook. Good discussion of gravitational wave generation, propagation and detection.



"Gravitation" Charles Misner, Kip Thorne, John Wheeler

ISBN: 0716703440

The 'bible' for studying GR







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"Do not worry about your difficulties in *mathematics;* I can assure you that mine are still greater."







niversity Glasgow "The hardest thing in the world to understand is the income tax"





# 1. Foundations of General Relativity (pgs. 6 - 12)

GR is a generalisation of Special Relativity (1905).

In SR Einstein formulated the laws of physics to be valid for all **inertial observers** 

→ Measurements of space and time relative to observer's motion.





# 1. Foundations of General Relativity (pgs. 6 - 12)

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→ Measurements of space and time relative to observer's motion.

$$ds^{2} = -c^{2}dt^{2} + dx^{2} + dy^{2} + dz^{2}$$

$$Minkowski metric$$
Invariant interval
$$SUPAGWD, October 2012$$

#### Newtonian gravity is incompatible with SR



Isaac Newton: 1642 – 1727 AD

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#### Law of Universal Gravitation

Every object in the Universe attracts every other object with a force directed along the line of centers for the two objects that is proportional to the product of their masses and inversely proportional to the square of the separation between the two objects.

 $F_{g} = G \frac{m_{1}m_{2}}{r^{2}} \qquad \underbrace{\bigcirc \qquad r \qquad \bigcirc}_{m_{1}} \underbrace{\bigcirc \qquad r \qquad \bigcirc}_{m_{2}}$ 









## **Principles of Equivalence**

Inertial Mass 
$$\vec{F}_I = m_I \vec{a}$$

Gravitational Mass

$$\vec{F}_G = \frac{m_G M}{r^2} \hat{r} \equiv m_G \vec{g}$$

## **Weak Equivalence Principle**

$$m_I = m_G$$

#### Gravity and acceleration are equivalent





#### **The WEP implies:**

A object freely-falling in a uniform gravitational field inhabits an **inertial frame** in which all gravitational forces have disappeared.







#### The WEP implies:

A object freely-falling in a uniform gravitational field inhabits an **inertial frame** in which all gravitational forces have disappeared.

But only LIF: only local over region for which gravitational field is uniform.







#### **Strong Equivalence Principle**

Locally (i.e. in a LIF) *all* laws of physics reduce to their SR form – apart from gravity, which simply disappears.







#### The Equivalence principles also predict gravitational light deflection...

Light enters lift horizontally at X, at instant when lift begins to free-fall.

Observer A is in LIF. Sees light reach opposite wall at Y (same height as X), in agreement with SR.

To be consistent, observer B outside lift must see light path as **curved**, interpreting this as due to the gravitational field







#### The Equivalence principles also predict gravitational redshift...

Light enters lift vertically at F, at instant when lift begins to free-fall.

Observer A is in LIF. Sees light reach ceiling at Z with unchanged frequency, in agreement with SR.

To be consistent, observer B outside lift must see light as **redshifted**, interpreting this as due to gravitational field.





#### The Equivalence principles also predict gravitational redshift...

 $\sim \frac{gh}{c^2}$  $\Delta\lambda$ λ

Measured in Pound-Rebka experiment







# From SR to GR...

How do we 'stitch' all the LIFs together?

Can we find a **covariant** description?







## 2. Introduction to Geodesic Deviation (pgs.13 - 17)

In GR trajectories of freely-falling particles are **geodesics** – the equivalent of straight lines in curved spacetime.

Analogue of Newton I: Unless acted upon by a non-gravitational force, a particle will follow a geodesic.







The curvature of spacetime is revealed by the behaviour of neighbouring geodesics.

Consider a 2-dimensional analogy.



Zero curvature: geodesic deviation unchanged. Positive curvature: geodesics converge Negative curvature: geodesics diverge





## **Non-zero curvature**



# **Acceleration of geodesic deviation**



# **Non-uniform gravitational field**





We can first think about geodesic deviation and curvature in a Newtonian context







We can first think about geodesic deviation and curvature in a Newtonian context







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We can first think about geodesic deviation and curvature in a Newtonian context



Another analogy will help us to interpret this last term







Another analogy will help us to interpret this last term



#### At the surface of the Earth $\mathcal{R} \sim 2 \times 10^{11} \text{ m}$

The fact that this value is so much larger than the physical radius of the Earth tells us that spacetime is <u>'nearly' flat</u> in the vicinity of the Earth – i.e. the Earth's gravitational field is rather weak. (By contrast, if we evaluate  $\mathcal{R}$  for e.g. a white dwarf or neutron star then we see evidence that their gravitational fields are much stronger).





# 3. A Mathematical Toolbox for GR (pgs.18 - 32)

### **Riemannian Manifold**

A continuous, differentiable space which is locally **flat** and on which a distance, or **metric**, function is defined.

(e.g. the surface of a sphere)



The tangent space in a generic point of an  $\mathbb{S}^2$  sphere

The mathematical properties of a Riemannian manifold match the physical assumptions of the strong equivalence principle





#### Vectors on a curved manifold



In general, components of vector different at X and Y, even if the vector is the same at both points.





We need rules to tell us how to express the components of a vector in a different coordinate system, and at different points in our manifold.

e.g. in new, dashed, coordinate system, by the chain rule

$$\Delta x^{\prime \mu} = \frac{\partial x^{\prime \mu}}{\partial x^{\alpha}} \Delta x^{\alpha}$$






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e.g. in new, dashed, coordinate system, by the chain rule

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We need to think more carefully about what we mean by a vector.





### **Tangent vectors**

We can generalise the concept of vectors to curved manifolds.

Suppose we have a scalar function,  $\phi$ , defined at a point, P, of a Riemannian manifold, where P has coordinates  $\{x^1, x^2, ..., x^n\}$ in some coordinate system. Since our manifold is differentiable we can evaluate the derivative of  $\phi$  with respect to each of the coordinates,  $x^i$ , for i = 1, ..., n.





# **Tangent vectors**

We can think of the derivatives as a set of n 'operators', denoted by

 $\frac{\partial}{\partial x^i}$ 

These operators can act on any scalar function,  $\phi$ , and yield the rate of change of the function with respect to the  $x^i$ .

We can now define a **tangent vector** at point, P, as a linear operator of the form

$$a^{\mu}\frac{\partial}{\partial x^{\mu}} \equiv a^{1}\frac{\partial}{\partial x^{1}} + a^{2}\frac{\partial}{\partial x^{2}} + \dots + a^{n}\frac{\partial}{\partial x^{n}}$$

This tangent vector operates on any function,  $\phi$ , and essentially gives the rate of change of the function – or the *directional derivative* – in a direction which is defined by the numbers  $(a^1, a^2, ..., a^n)$ .





The *n* operators  $\frac{\partial}{\partial x^{\mu}}$  can be thought of as forming a set of basis vectors,  $\{\vec{e_{\mu}}\}$ , spanning the vector space of tangent vectors at *P*.







# Summary

To sum up, we can represent vectors as tangent vectors of curves in our manifold. Once we have specified our coordinate system, we can write down the components of a vector defined at any point of the manifold with respect to the natural basis generated by the derivative operators  $\{\frac{\partial}{\partial x^{\mu}}\}$  at that point. A vector field can then be defined by assigning a tangent vector at *every* point of the manifold.

#### Extends easily to more general curves, manifolds







#### **Transformation of vectors**

Suppose we change to a new coordinate system  $\{x'^1, x'^2, ..., x'^n\}$ . Our basis vectors are now

$$\vec{e'_{\mu}} \equiv rac{\partial}{\partial x'^{\mu}}.$$

How do the components,  $\{a^1, a^2, ..., a^n\}$ , transform in our new coordinate system?

Let the vector  $\vec{a}$  operate on an arbitrary scalar function,  $\phi$ . Then

$$\vec{a}(\phi) = a^{\nu} \frac{\partial \phi}{\partial x^{\nu}}$$

By the chain rule for differentiation we may write this as

$$\vec{a}(\phi) = a^{\nu} \frac{\partial x'^{\mu}}{\partial x^{\nu}} \frac{\partial \phi}{\partial x'^{\mu}}$$





However, if we write  $\vec{a}$  directly in terms of coordinate basis  $\{\vec{e_{\mu}}\} = \{\frac{\partial}{\partial x'^{\mu}}\}$ , we have

$$\vec{a}(\phi) = a'^{\mu} \frac{\partial \phi}{\partial x'^{\mu}}$$

Hence we see that

$$a'^{\mu} = \frac{\partial x'^{\mu}}{\partial x^{\nu}} a^{\nu}$$

This is the transformation law for a contravariant vector.

Any set of components which transform according to this law, we call a contravariant vector.





# **Transformation of basis vectors**

What is the relationship between the basis vectors  $\vec{e'_{\mu}}$  and  $\vec{e_{\mu}}$  in the primed and unprimed coordinate systems?

$$\vec{e_{\mu}'} = \frac{\partial x^{\nu}}{\partial x'^{\mu}} \vec{e_{\nu}}$$

Thus we see that the basis vectors do *not* transform in the same way as the components of a contravariant vector. This should not be too surprising, since the transformation of a basis and the transformation of components are different things: the former is the expression of *new* vectors in terms of *old* vectors; the latter is the expression of the *same* vector in terms of a new basis.





 $A'_{\mu} = \frac{\partial x^{\nu}}{\partial x^{\mu}} A_{\nu}$ 

This is the transformation law for a **one-form** or covariant vector.

Any set of components which transform according to this law, we call a one-form.

A one-form, operating on a vector, produces a real number (and vice-versa)





# Picture of a one-form

*Not* a vector, but a way of 'slicing up' the manifold.

The smaller the spacing, the larger the magnitude of the one-form.

When one-form shown acts on the vector, it produces a real number: the number of 'slices' that the vector crosses.



#### Example: the gradient operator (c.f. a topographical map)





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# **Picture of a one-form**







### **Extension to tensors**

An (l,m) tensor is a linear operator that maps l one-forms and n vectors to a real number.

# **Transformation law**

$$A_{r_1 r_2 \dots r_m}^{\prime u_1 u_2 \dots u_l} = \frac{\partial x^{\prime u_1}}{\partial x^{t_1}} \dots \frac{\partial x^{\prime u_l}}{\partial x^{t_l}} \frac{\partial x^{q_1}}{\partial x^{\prime r_1}} \dots \frac{\partial x^{q_m}}{\partial x^{\prime r_m}} A_{q_1 q_2 \dots q_m}^{t_1 t_2 \dots t_l}$$

If a tensor equation can be shown to be valid in a particular coordinate system, it must be valid in *any* coordinate system.





**Specific cases** 

(2,0) tensor

$$T'^{ij} = \frac{\partial x'^i}{\partial x^k} \frac{\partial x'^j}{\partial x^l} T^{kl}$$

(1,1) tensor

$$D_{j}^{\prime i} = \frac{\partial x^{\prime i}}{\partial x^{k}} \frac{\partial x^{l}}{\partial x^{\prime j}} D_{l}^{\prime k}$$

(0,2) tensor

$$B'_{ij} = \frac{\partial x^k}{\partial x'^i} \frac{\partial x^l}{\partial x'^j} B_{kl}$$





# **Example:**







We can use the metric tensor to convert contravariant vectors to one-forms, and vice versa.

Lowering the index

$$A_i = g_{ik} A^k$$

Raising the index

$$B^i = g^{ij} B_j$$

Can generalise to tensors of arbitrary rank.

(this also explains why we generally think of gradient as a vector operator. In flat, Cartesian space components of vectors and one-forms are identical)





# **Covariant differentiation**

Differentiation of e.g. a **vector field** involves subtracting vector components at two neighbouring points.

This is a problem because the transformation law for the components of A will in general be different at P and Q.



# **Covariant differentiation**

We call this procedure **Parallel Transport** 

A vector field is parallel transported along a curve, when it mantains a constant angle with the tangent vector to the curve









$$\delta A^i(x) = -\Gamma^i_{jk} A^j dx^k$$

Christoffel symbols, connecting the basis vectors at Q to those at P







# **Covariant differentiation**

We can now define the **covariant derivative** (which *does* transform as a tensor)

Vector 
$$A^i_{;k} = A^i_{,k} + \Gamma^i_{jk}A^j$$
  
One-form  $B_{i;k} = B_{i,k} - \Gamma^j_{ik}B_j$ 

(with the obvious generalisation to arbitrary tensors)





# **Covariant differentiation**

We can show that the covariant derivatives of the metric tensor are identically zero, i.e.

$$g_{\alpha\beta;\gamma} = 0$$
 and  $g^{\alpha\beta}_{;\gamma} = 0$ 

From which it follows that

$$\Gamma^{i}_{jk} = \frac{1}{2}g^{il}(g_{lj,k} + g_{lk,j} - g_{jk,l})$$





# Geodesics

We can now provide a more mathematical basis for the phrase "spacetime tells matter how to move".

One can define a geodesic as a curve along which the tangent vector to the curve is parallel-transported. In other words, if one parallel transports a tangent vector along a geodesic, it remains a tangent vector.

The covariant derivative of a tangent vector, along the geodesic is identically zero, i.e.





# Geodesics

Suppose we parametrise the geodesic by the proper time,  $\mathcal{T}$ , along it (fine for a material particle). Then

$$\frac{d}{d\tau} \left( \frac{dx^{\mu}}{d\tau} \right) + \Gamma^{\mu}_{\alpha\beta} \frac{dx^{\alpha}}{d\tau} \frac{dx^{\beta}}{d\tau} = 0$$

i.e.

$$\frac{d^2 x^{\mu}}{d\tau^2} + \Gamma^{\mu}_{\alpha\beta} \frac{dx^{\alpha}}{d\tau} \frac{dx^{\beta}}{d\tau} = 0$$

with the equivalent expression for a photon (replacing  $\tau$  with  $\lambda$  )





# 4. Spacetime curvature in GR (pgs.33 - 37)

This is described by the **Riemann-Christoffel tensor**, which depends on the metric and its first and second derivatives.

We can derive the form of the R-C tensor in several ways

- 1. by parallel transporting of a vector around a closed loop in our manifold
- 2. by considering the commutator of the second order covariant derivative of a vector field
- 3. by computing the deviation of two neighbouring geodesics in our manifold













In a flat manifold, parallel transport does not rotate vectors, while on a curved manifold it *does*.









After parallel transport around a closed loop on a curved manifold, the vector does not come back to its original orientation but it is rotated through some angle.

The R-C tensor is related to this angle.

$$R^{\mu}_{\ \alpha\beta\gamma} = \Gamma^{\sigma}_{\alpha\gamma}\Gamma^{\mu}_{\sigma\beta} - \Gamma^{\sigma}_{\alpha\beta}\Gamma^{\mu}_{\sigma\gamma} + \Gamma^{\mu}_{\alpha\gamma,\beta} - \Gamma^{\mu}_{\alpha\beta,\gamma}$$

If spacetime is flat then, for all indices

$$R^{\mu}_{\ \alpha\beta\gamma} = 0$$





Another analogy will help us to interpret this last term



# 5. Einstein's Equations (pgs. 38 - 45)

What about "matter tells spacetime how to curve"?...

The source of spacetime curvature is the **Energy-momentum tensor** which describes the presence and motion of gravitating matter (and energy).

We define the E-M tensor for a perfect fluid

In a fluid description we treat our physical system as a smooth continuum, and describe its behaviour in terms of locally averaged properties in each fluid element.





Each fluid element may possess a **bulk motion** with respect to the rest of the fluid, and this relative motion may be non-uniform.

At any instant we can define **Momentarily comoving rest frame (MCRF)** of the fluid element – Lorentz Frame in which the fluid element as a whole is instantaneously at rest.



Particles in the fluid element will not be at rest:

- 1. Pressure (c.f. molecules in an ideal gas)
- 2. Heat conduction (energy exchange with neighbours)
- 3. Viscous forces (shearing of fluid)





Each fluid element may possess a **bulk motion** with respect to the rest of the fluid, and this relative motion may be non-uniform.  $\lambda$ 

**Perfect Fluid** if, in MCRF, each fluid element has no heat conduction or viscous forces, only pressure.

Dust = special case of pressure-free perfect fluid.







# Definition of E-M tensor

We can define the energy momentum tensor, **T**, in terms of its components in some coordinate system,  $\{x^1, x^2, ..., x^n\}$ , for each fluid element. Thus we define  $T^{\alpha\beta}$  for a fluid element to be equal to the flux of the  $\alpha$  component of four momentum of all gravitating matter<sup>2</sup> across a surface of constant  $x^{\beta}$ .

 $^{2}$ By 'gravitating matter' we mean here all material particles, plus (from the equivalence of matter and energy) any electromagnetic fields and particle fields which may be present

# Components of T in the MCRF for dust

only non-zero component is  $T^{00} = \rho$ , the energy density of the fluid element.





Components of T in the MCRF for a general perfect fluid

$$\mathbf{T} = \begin{pmatrix} \rho & 0 & 0 & 0 \\ 0 & P & 0 & 0 \\ 0 & 0 & P & 0 \\ 0 & 0 & 0 & P \end{pmatrix}$$
Pressure due to random motion of particles in fluid element





# Components of T in a general Lorentz frame

Extending our expression for  $T^{\alpha\beta}$  from the MCRF to a general Lorentz frame is fairly straightforward, but the interested reader is referred e.g. to Schutz for the details and here we just state the result. If  $\vec{u} = \{u^{\alpha}\}$  is the *four* velocity of a fluid element in some Lorentz frame, then

$$T^{\alpha\beta} = (\rho + P)u^{\alpha}u^{\beta} + P\eta^{\alpha\beta},$$

where  $\eta^{\alpha\beta}$  is the Minkowski metric of SR.

Conservation of energy and momentum requires that

$$T^{\alpha\beta}_{,\beta} = 0.$$





# Extending to GR

In Section 1 we introduced the strong principle of equivalence which stated that, in a LIF, all physical phenomena are in agreement with special relativity. In the light of our discussion of tensors, we can write down an immediate consequence of the strong principle of equivalence as follows

Any physical law which can be expressed as a tensor equation in SR has exactly the same form in a local inertial frame of a curved spacetime




How is this extension justified? From the principle of covariance a tensorial description of physical laws must be equally valid in any reference frame. Thus, if a tensor equation holds in one frame it must hold in any frame. In particular, a tensor equation derived in a LIF (i.e. assuming SR) remains valid in an arbitrary reference frame (i.e. assuming GR).

Hence

$$T^{\mu\nu} = (\rho + P)u^{\mu}u^{\nu} + Pg^{\mu\nu}$$

and

$$T^{\mu\nu}_{;\nu} = 0$$

Covariant expression of energy conservation in a curved spacetime.



So how does "matter tell spacetime how to curve"?...

# **Einstein's Equations**

BUT the E-M tensor is of rank 2, whereas the R-C tensor is of rank 4.

Einstein's equations involve contractions of the R-C tensor.

Define the Ricci tensor by

$$R_{\alpha\gamma} = R^{\mu}_{\alpha\mu\gamma}$$

and the curvature scalar by

$$R = g^{\alpha\beta} R_{\alpha\beta}$$





We can raise indices via

$$R^{\mu\nu} = g^{\mu\alpha}g^{\nu\beta}R_{\alpha\beta}$$

and define the Einstein tensor

$$G^{\mu\nu} = R^{\mu\nu} - \frac{1}{2}g^{\mu\nu}R$$

We can show that

$$G^{\mu\nu}_{;\nu} = 0$$

so that

$$T^{\mu\nu}_{;\nu} = G^{\mu\nu}_{;\nu}$$





#### Einstein took as solution the form

where we can determine the constant k by requiring that we should recover the laws of Newtonian gravity and dynamics in the limit of a weak gravitational field and non-relativistic motion. In fact k turns out to equal  $8\pi G/c^4$ .

## Solving Einstein's equations

Given the metric, we can compute the Christoffel symbols, then the geodesics of 'test' particles.

We can also compute the R-C tensor, Einstein tensor and E-M tensor.





What about the other way around?...

Highly non-trivial problem, in general intractable, but given E-M tensor can solve for metric in some special cases.

e.g. Schwarzschild solution, for the spherically symmetric static spacetime exterior to a mass *M* 

$$ds^{2} = -\left(1 - \frac{2M}{r}\right)dt^{2} + \frac{dr^{2}}{\left(1 - \frac{2M}{r}\right)} + r^{2}d\theta^{2} + r^{2}\sin^{2}\theta d\phi^{2}$$
Coordinate singularity at  $r=2M$ 
University

# Geodesics for the Schwarzschild metric

Radial geodesic 
$$\left(\frac{dr}{d\tau}\right)^2 = k^2 - 1 - \frac{h^2}{r^2} + \frac{2M}{r}\left(1 + \frac{h^2}{r^2}\right)$$

Changing the dependent variable from r to u and the independent variable from  $\tau$  to  $\phi$ , our radial geodesic equation reduces to

$$h^{2} \left(\frac{du}{d\phi}\right)^{2} = \left(k^{2} - 1\right) - h^{2}u^{2} + 2Mu\left(1 + h^{2}u^{2}\right)$$

or

$$\frac{d^2u}{d\phi^2} = -u + \frac{M}{h^2} + 3Mu^2$$

Extra term, only in GR



e.g. for the Earth's orbit the ratio

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GR solution:

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Precessing ellipse

$$u = \frac{M}{h^2} \left[ 1 + e \cos \left( 1 - \frac{3M^2}{h^2} \right) \phi \right]$$

Here

$$P = \frac{2\pi}{1 - 3M^2/h^2} > 2\pi$$

$$\Delta = \frac{6\pi M}{a(1-e^2)}$$





#### GR solution:

### Precessing ellipse



If we apply this equation to the orbit of Mercury, we obtain a perihelion advance which builds up to about 43 seconds of arc per century.





GR solution: Precessing ellipse

Seen much more dramatically in the **binary pulsar** PSR 1913+16.

Periastron is advancing at a rate of ~4 degrees per year!

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# Gravitational light deflection in GR

Radial geodesic for a photon

$$\left(\frac{dr}{d\lambda}\right)^2 = k^2 - \frac{h^2}{r^2} + \frac{2Mh^2}{r^3}$$

or 
$$\frac{d^2u}{d\phi^2} + u = 3Mu^2$$

Solution reduces to  $u = -\frac{\Delta \phi}{2r_{\min}} + \frac{2M}{r_{\min}^2}$ 

So that asymptotically

$$2r_{\min}$$
  $r_{\min}^2$   
 $\Delta\phi = \frac{4M}{r_{\min}} \equiv \frac{4GM}{c^2 r_{\min}}$ 

$$\frac{\Delta\phi}{2}$$

This is exactly twice the deflection angle predicted by a Newtonian treatment. If we take  $r_{\min}$  to be the radius of the Sun (which would correspond to a light ray grazing the limb of the Sun from a background star observed during a total solar eclipse) then we find that

$$\Delta \phi = \frac{4 \times 1.5 \times 10^3}{6.95 \times 10^8} = 8.62 \times 10^{-6} \text{ radians} = 1.77 \text{ arcsec}$$













1919 expedition, led by Arthur Eddington, to observe total solar eclipse, and measure light deflection.

## **GR passed the test!**





# 6. Wave Equation for Gravitational Radiation (pgs.46 - 57)

# Weak gravitational fields

In the absence of a gravitational field, spacetime is flat. We define a weak gravitational field as one is which spacetime is 'nearly flat'

i.e. we can find a coord system such that

$$g_{\alpha\beta} = \eta_{\alpha\beta} + h_{\alpha\beta}$$

where

 $\eta_{\alpha\beta} = \text{diag} \ (-1, 1, 1, 1)$ 

 $|h_{\alpha\beta}| << 1$  for all  $\alpha$  and  $\beta$ 

This is known as a Nearly Lorentz coordinate system.



1) Background Lorentz transformations

$$(t', x', y', z')^{T} = \begin{pmatrix} \gamma & -v\gamma & 0 & 0 \\ -v\gamma & \gamma & 0 & 0 \\ 0 & 0 & 1 & 0 \\ 0 & 0 & 0 & 1 \end{pmatrix} (t, x, y, z)^{T}$$

## *i.e.* Lorentz boost of speed v





1) Background Lorentz transformations

Under this transformation

$$g'_{\alpha\beta} = \eta'_{\alpha\beta} + \frac{\partial x^{\mu}}{\partial x'^{\alpha}} \frac{\partial x^{\nu}}{\partial x'^{\beta}} h_{\mu\nu} = \eta_{\alpha\beta} + h'_{\alpha\beta}$$

provided  $v \ll 1$ , then if  $|h_{\alpha\beta}| \ll 1$ for all  $\alpha$  and  $\beta$ , then  $|h'_{\alpha\beta}| \ll 1$  also.



## 1) Background Lorentz transformations

Hence, our original nearly Lorentz coordinate system remains nearly Lorentz in the new coordinate system. In other words, a spacetime which looks nearly flat to one observer still looks nearly flat to any other observer in uniform relative motion with respect to the first observer.





## 2) Gauge transformations

Suppose now we make a very small change in our coordinate system by applying a coordinate transformation of the form

$$x'^{\alpha} = x^{\alpha} + \xi^{\alpha}(x^{\beta})$$

we now demand that the  $\xi^{\alpha}$  are small, in the sense that

$$|\xi^{\alpha}_{\ ,\beta}| << 1$$
 for all  $\alpha, \beta$ 





## 2) Gauge transformations

Suppose now that the unprimed coordinate system is nearly Lorentz

Then 
$$g'_{\alpha\beta} = \eta_{\alpha\beta} + h_{\alpha\beta} - \xi_{\alpha,\beta} - \xi_{\beta,\alpha}$$

and we can write 
$$h'_{\alpha\beta} = h_{\alpha\beta} - \xi_{\alpha,\beta} - \xi_{\beta,\alpha}$$

Note that if  $|\xi^{\alpha}{}_{,\beta}|$  are small, then so too are  $|\xi_{\alpha,\beta}|$ , and hence  $h'_{\alpha\beta}$ 





## 2) Gauge transformations

The above results tell us that – once we have identified a coordinate system which is nearly Lorentz – we can add an arbitrary small vector  $\xi^{\alpha}$  to the coordinates  $x^{\alpha}$ without altering the validity of our assumption that spacetime is nearly flat. We can, therefore, choose the components  $\xi^{\alpha}$  to make Einstein's equations as simple as possible. We call this step choosing a gauge for the problem – a name which has resonance with a similar procedure in electromagnetism – and coordinate transformations of this type given by equation are known as gauge transformation. We will consider below specific choices of gauge which are particularly useful.





Einstein's equations for a weak gravitational field

To first order, the R-C tensor for a weak field reduces to

$$R_{\alpha\beta\gamma\delta} = \frac{1}{2} \left( h_{\alpha\delta,\beta\gamma} + h_{\beta\gamma,\alpha\delta} - h_{\alpha\gamma,\beta\delta} - h_{\beta\delta,\alpha\gamma} \right)$$

and is invariant under gauge transformations.

Similarly, the Ricci tensor is 
$$R_{\mu\nu} = \frac{1}{2} \left( h^{\alpha}_{\mu,\nu\alpha} + h^{\alpha}_{\nu,\mu\alpha} - h_{\mu\nu,\alpha}^{\alpha,\alpha} - h_{\mu\nu} \right)$$

where

$$h \equiv h^{\alpha}_{\alpha} = \eta^{\alpha\beta} h_{\alpha\beta}$$



 $h_{\mu\nu,\alpha}{}^{,\alpha} = \eta^{\alpha\sigma} \left( h_{\mu\nu,\alpha} \right)_{,\sigma} = \eta^{\alpha\sigma} h_{\mu\nu,\alpha\sigma}$ 



The Einstein tensor is the (rather messy) expression

$$G_{\mu\nu} = \frac{1}{2} \left[ h_{\mu\alpha,\nu}{}^{,\alpha} + h_{\nu\alpha,\mu}{}^{,\alpha} - h_{\mu\nu,\alpha}{}^{,\alpha} - h_{,\mu\nu} - \eta_{\mu\nu} \left( h_{\alpha\beta}{}^{,\alpha\beta} - h_{,\beta}{}^{,\beta} \right) \right]$$

but we can simplify this by introducing

$$\overline{h}_{\mu\nu} \equiv h_{\mu\nu} - \frac{1}{2}\eta_{\mu\nu}h$$

So that

$$G_{\mu\nu} = -\frac{1}{2} \left[ \overline{h}_{\mu\nu,\alpha}^{\ \ ,\alpha} + \eta_{\mu\nu} \overline{h}_{\alpha\beta}^{\ \ ,\alpha\beta} - \overline{h}_{\mu\alpha,\nu}^{\ \ ,\alpha} - \overline{h}_{\nu\alpha,\mu}^{\ \ ,\alpha} \right]$$

And we can choose the Lorentz gauge to eliminate the last 3 terms





In the Lorentz gauge, then Einstein's equations are simply

$$-\overline{h}_{\mu\nu,\alpha}^{,\alpha} = 16\pi T_{\mu\nu}$$

And in free space this gives

$$\overline{h}_{\mu\nu,\alpha}{}^{,\alpha} = 0$$

Writing

$$\overline{h}_{\mu\nu,\alpha}^{,\alpha} \equiv \eta^{\alpha\alpha}\overline{h}_{\mu\nu,\alpha\alpha}$$

or

$$\left( -\frac{\partial^2}{\partial t^2} + \nabla^2 \right) \overline{h}_{\mu\nu} = 0$$

Remembering that we are taking c = 1, if instead we write

$$\eta^{00} = -\frac{1}{c^2}$$

then

$$\left( \begin{array}{ccc} -\frac{\partial^2}{\partial t^2} + c^2 \nabla^2 \end{array} \right) \overline{h}_{\mu\nu} &= 0$$

This is a key result. It has the mathematical form of a wave equation, propagating with speed *c*.
We have shown that the metric perturbations – the 'ripples' in spacetime produced by disturbing the metric – propagate at the speed of light as waves in free space.





## 7. The Transverse Traceless Gauge (pgs.57 - 62)

Simplest solutions of our wave equation are **plane waves** 

Note the wave amplitude is symmetric  $\rightarrow$  10 independent components.

Also, easy to show that

$$k_{\alpha} \, k^{\alpha} = 0$$

i.e. the wave vector is a **null** vector





$$\omega = k^t = \left(k_x^2 + k_y^2 + k_z^2\right)^{1/2}$$

Also, from the Lorentz gauge condition

$$\overline{h}^{\mu\alpha}_{\ ,\alpha}=0$$

which implies that

Thus

$$A_{\mu\alpha} \, k^{\alpha} = 0$$

i.e. the wave amplitude components must be orthogonal to the wave vector  $\mathbf{k}$ .

But this is 4 equations, one for each value of the index  $\mu$ .

Hence, we can eliminate 4 more of the wave amplitude components,





#### Can we do better? Yes

Our choice of Lorentz gauge, chosen to simplify Einstein's equations, was not unique. We can make small adjustments to our original Lorentz gauge transformation and still satisfy the Lorentz condition.

We can choose adjustments that will make our wave amplitude components even simpler – we call this choice the **Transverse Traceless** gauge:

$$A^{\mu}_{\mu} = \eta^{\mu\nu} A_{\mu\nu} = 0 \qquad \text{(traceless)}$$

 $A_{\alpha t} = 0$  for all  $\alpha$ 





Suppose we orient our coordinate axes so that the plane wave is travelling in the positive z direction. Then

$$k^t = \omega , \quad k^x = k^y = 0 , \quad k^z = \omega$$

and

$$A_{\alpha z} = 0$$
 for all  $\alpha$ 

i.e. there is no component of the metric perturbation in the direction of propagation of the wave. This explains the origin of the 'Transverse' part





So in the transverse traceless gauge,

$$\overline{h}_{\mu\nu}^{(\mathrm{TT})} = A_{\mu\nu}^{(\mathrm{TT})} \cos\left[\omega(t-z)\right]$$

where  

$$A_{\mu\nu}^{(\mathrm{TT})} = \begin{pmatrix} 0 & 0 & 0 & 0 \\ 0 & A_{xx}^{(\mathrm{TT})} & A_{xy}^{(\mathrm{TT})} & 0 \\ 0 & A_{xy}^{(\mathrm{TT})} & -A_{xx}^{(\mathrm{TT})} & 0 \\ 0 & 0 & 0 \end{pmatrix}$$

Also, since the perturbation is traceless

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$$\overline{h}_{\alpha\beta}^{(\mathrm{TT})} = h_{\alpha\beta}^{(\mathrm{TT})}$$



## 8. Effect of Gravitational Waves on Free Particles (pgs.63 - 75)

Choose Background Lorentz frame in which test particle initially at rest. Set up coordinate system according to the TT gauge.

Initial acceleration satisfies

$$\left(\frac{dU^{\beta}}{d\tau}\right)_0 = 0$$

i.e. coordinates do not change, but adjust themselves as wave passes so that particles remain 'attached' to initial positions.

Coordinates are frame-dependent labels.

What about **proper distance** between neighbouring particles?





Consider two test particles, both initially at rest, one at origin and the other at  $x = \epsilon$ , y = z = 0

$$\Delta \ell = \int \left| g_{\alpha\beta} dx^{\alpha} dx^{\beta} \right|^{1/2}$$

i.e. 
$$\Delta \ell = \int_0^\epsilon |g_{xx}|^{1/2} \simeq \sqrt{g_{xx}(x=0)} \epsilon$$

Now

$$g_{xx}(x=0) = \eta_{xx} + h_{xx}^{(\mathrm{TT})}(x=0)$$

SO



$$\Delta \ell \simeq \left[ 1 + \frac{1}{2} h_{xx}^{(\mathrm{TT})}(x=0) \right] \epsilon$$

In general, - this is timevarying



More formally, consider geodesic deviation  $\xi^{\alpha}$  between two particles, initially at rest

i.e. initially with  $U^{\mu} = (1, 0, 0, 0)^T \quad \xi^{\beta} = (0, \epsilon, 0, 0)^T$ 

Then 
$$\frac{\partial^2 \xi^{\alpha}}{\partial t^2} = \epsilon R^{\alpha}_{ttx} = -\epsilon R^{\alpha}_{txt}$$

and 
$$R_{txt}^{x} = \eta^{xx} R_{xtxt} = -\frac{1}{2} h_{xx,tt}^{(TT)}$$

$$R_{txt}^y = \eta^{yy} R_{ytxt} = -\frac{1}{2} h_{xy,tt}^{(\mathrm{TT})}$$

Hence

$$\frac{\partial^2}{\partial t^2} \xi^x = \frac{1}{2} \epsilon \frac{\partial^2}{\partial t^2} h_{xx}^{(\text{TT})} \qquad \frac{\partial^2}{\partial t^2} \xi^y = \frac{1}{2} \epsilon \frac{\partial^2}{\partial t^2} h_{xy}^{(\text{TT})}$$



Similarly, two test particles initially separated by  $\epsilon$  in the y-direction satisfy

$$\frac{\partial^2}{\partial t^2} \xi^x = \frac{1}{2} \epsilon \frac{\partial^2}{\partial t^2} h_{xy}^{(\text{TT})} \qquad \frac{\partial^2}{\partial t^2} \xi^y = -\frac{1}{2} \epsilon \frac{\partial^2}{\partial t^2} h_{xx}^{(\text{TT})}$$

We can further generalise to a ring of test particles: one at origin, the other initially a  $x = \epsilon \cos \theta$   $y = \epsilon \sin \theta$  z = 0:

$$\frac{\partial^2}{\partial t^2} \xi^x = \frac{1}{2} \epsilon \cos \theta \frac{\partial^2}{\partial t^2} h_{xx}^{(\mathrm{TT})} + \frac{1}{2} \epsilon \sin \theta \frac{\partial^2}{\partial t^2} h_{xy}^{(\mathrm{TT})}$$

$$\frac{\partial^2}{\partial t^2} \xi^y = \frac{1}{2} \epsilon \cos \theta \frac{\partial^2}{\partial t^2} h_{xy}^{(\mathrm{TT})} - \frac{1}{2} \epsilon \sin \theta \frac{\partial^2}{\partial t^2} h_{xx}^{(\mathrm{TT})}$$





So in the transverse traceless gauge,

$$\overline{h}_{\mu\nu}^{(\mathrm{TT})} = A_{\mu\nu}^{(\mathrm{TT})} \cos\left[\omega(t-z)\right]$$

where  

$$A_{\mu\nu}^{(\mathrm{TT})} = \begin{pmatrix} 0 & 0 & 0 & 0 \\ 0 & A_{xx}^{(\mathrm{TT})} & A_{xy}^{(\mathrm{TT})} & 0 \\ 0 & A_{xy}^{(\mathrm{TT})} & -A_{xx}^{(\mathrm{TT})} & 0 \\ 0 & 0 & 0 \end{pmatrix}$$

Also, since the perturbation is traceless

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$$\overline{h}_{\alpha\beta}^{(\mathrm{TT})} = h_{\alpha\beta}^{(\mathrm{TT})}$$



#### Solutions are:

$$\xi^{x} = \epsilon \cos \theta + \frac{1}{2} \epsilon \cos \theta A_{xx}^{(\mathrm{TT})} \cos \omega t + \frac{1}{2} \epsilon \sin \theta A_{xy}^{(\mathrm{TT})} \cos \omega t$$
$$\xi^{y} = \epsilon \sin \theta + \frac{1}{2} \epsilon \cos \theta A_{xy}^{(\mathrm{TT})} \cos \omega t - \frac{1}{2} \epsilon \sin \theta A_{xx}^{(\mathrm{TT})} \cos \omega t$$

Suppose we now vary  $\theta$  between 0 and  $2\pi$ , so that we are considering an initially circular ring of test particles in the x-y plane, initially equidistant from the origin.





$$A_{xx}^{(\mathrm{TT})} \neq 0 \qquad \qquad A_{xy}^{(\mathrm{TT})} = 0$$

$$\xi^x = \epsilon \cos \theta \left( 1 + \frac{1}{2} A_{xx}^{(\mathrm{TT})} \cos \omega t \right)$$



$$\xi^y = \epsilon \sin \theta \left( 1 - \frac{1}{2} A_{xx}^{(\mathrm{TT})} \cos \omega t \right)$$






$A_{xy}^{(\mathrm{TT})} \neq 0 \qquad A_{xx}^{(\mathrm{TT})} = 0$ 

$$\xi^x = \epsilon \cos \theta + \frac{1}{2} \epsilon \sin \theta A_{xy}^{(\text{TT})} \cos \omega t$$



$$\xi^y = \epsilon \sin \theta + \frac{1}{2} \epsilon \cos \theta A_{xy}^{(\mathrm{TT})} \cos \omega t$$







Rotating axes through an angle of  $-\pi/4$  to define  $x' = \frac{1}{\sqrt{2}} (x - y)$ 

We find that

$$\xi^{\prime x} = \epsilon \cos\left(\theta + \frac{\pi}{4}\right) + \frac{1}{2}\epsilon \sin\left(\theta + \frac{\pi}{4}\right) A_{xy}^{(\mathrm{TT})}\cos\omega t$$

$$y' = \frac{1}{\sqrt{2}} \left( x + y \right)$$

$$\xi^{\prime y} = \epsilon \sin\left(\theta + \frac{\pi}{4}\right) + \frac{1}{2}\epsilon \cos\left(\theta + \frac{\pi}{4}\right) A_{xy}^{(\mathrm{TT})}\cos\omega t$$

These are identical to earlier solution, apart from rotation.





The two solutions, for A<sup>(TT)</sup><sub>xx</sub> ≠ 0 and A<sup>(TT)</sup><sub>xy</sub> ≠ 0 represent two independent gravitational wave polarisation states, and these states are usually denoted by '+' and '×' respectively. In general any gravitational wave propagating along the z-axis can be expressed as a linear combination of the '+' and '×' polarisations, i.e. we can write the wave as

$$\mathbf{h} = a \, \mathbf{e}_+ + b \, \mathbf{e}_\times$$

where a and b are scalar constants and the *polarisation tensors*  $\mathbf{e}_+$  and  $\mathbf{e}_{\times}$  are

$$\mathbf{e}_{+} = \begin{pmatrix} 0 & 0 & 0 & 0 \\ 0 & 1 & 0 & 0 \\ 0 & 0 & -1 & 0 \\ 0 & 0 & 0 & 0 \end{pmatrix} \qquad \mathbf{e}_{\times} = \begin{pmatrix} 0 & 0 & 0 & 0 \\ 0 & 0 & 1 & 0 \\ 0 & 1 & 0 & 0 \\ 0 & 0 & 0 & 0 \end{pmatrix}$$





- Distortions are quadrupolar consequence of fact that acceleration of geodesic deviation non-zero only for tidal gravitational field.
- At any instant, a gravitational wave is invariant under a rotation of 180 degrees about its direction of propagation.
   (c.f. spin states of gauge bosons; graviton must be S=2, tensor field)





### **Design of gravitational wave detectors**









### **Design of gravitational wave detectors**



University of Glasgow







### **Design of gravitational wave detectors**









# 34 yrs on - Interferometric ground-based detectors













Gravitational wave  $h = he_+$  propagating along z axis.

Fractional change in proper separation















## 9. The Production of Gravitational Waves (pgs 76 - 80)

We can understand something important about the nature of gravitational radiation by drawing analogies with the formulae that describe electromagnetic radiation. This approach is crude at best since the electromagnetic field is a vector field while the gravitational field is a tensor field, but it is good enough for our present purposes. Essentially, we will take familiar electromagnetic radiation formulae and simply replace the terms which involve the Coulomb force by their gravitational analogues from Newtonian theory.

 $L_{\rm electric\ dipole} \propto e^2 \, {\ddot{\mathbf{d}}}^2$ 

Net electric dipole moment





 $L_{\rm magnetic\ dipole} \propto \ddot{\mu}$ 

$$\mu = \sum_{q_i} \text{(position of } q_i) \times (\text{current due to } q_i)$$

Gravitational analogues?...

 $A_i$ 

Mass dipole moment: 
$$\mathbf{d} = \sum_{A_i} m_i \mathbf{x}_i$$
  
But  $\dot{\mathbf{d}} = \sum m_i \dot{\mathbf{x}}_i \equiv \mathbf{p}$ 

Conservation of linear momentum implies no mass dipole radiation





 $L_{\rm magnetic\ dipole} \propto \ddot{\mu}$ 

$$\mu = \sum_{q_i} \text{(position of } q_i) \times (\text{current due to } q_i)$$

Gravitational analogues?...

$$\mu = \sum_{A_i} (\mathbf{x}_i) \times (m_i \mathbf{v}_i) \equiv \mathbf{J}$$

Conservation of angular momentum implies no mass dipole radiation





Also, the quadrupole of a **spherically symmetric mass distribution** is zero.

Metric perturbations which are spherically symmetric don't produce gravitational radiation.

Example: binary neutron star system.

$$h_{\mu\nu} = \frac{2G}{c^4 r} \ddot{I}_{\mu\nu}$$

where  $I_{\mu\nu}$  is the **reduced quadrupole moment** defined as

$$I_{\mu\nu} = \int \rho(\vec{r}) \left( x_{\mu} x_{\nu} - \frac{1}{3} \delta_{\mu\nu} r^2 \right) dV$$



Consider a binary neutron star system consisting of two stars both of Schwarzschild mass M, in a circular orbit of coordinate radius R and orbital frequency f.

$$I_{xx} = 2MR^2 \left[ \cos^2(2\pi ft) - \frac{1}{3} \right]$$

$$I_{yy} = 2MR^2 \left[ \sin^2(2\pi ft) - \frac{1}{3} \right]$$

$$I_{xy} = I_{yx} = 2MR^2 \left[\cos(2\pi ft)\sin(2\pi ft)\right]$$







Thus 
$$h_{xx} = -h_{yy} = h \cos (4\pi f t)$$
  
 $h_{xy} = h_{yx} = -h \sin (4\pi f t)$ 

where 
$$h = \frac{32\pi^2 GMR^2 f^2}{c^4 r}$$

So the binary system emits gravitational waves at **twice** the orbital frequency of the neutron stars.

Also 
$$h = 2.3 \times 10^{-28} \frac{R^2 [\text{km}] f^2 [\text{Hz}]}{r [\text{Mpc}]}$$





Thus 
$$h_{xx} = -h_{yy} = h \cos (4\pi f t)$$
  
 $h_{xy} = h_{yx} = -h \sin (4\pi f t)$ 

where 
$$h = \frac{32\pi^2 GMR^2 f^2}{c^4 r}$$

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So the binary system emits gravitational waves at **twice** the orbital frequency of the neutron stars.

Also 
$$h = 2.3 \times 10^{-28} \frac{R^2 [\text{km}] f^2 [\text{Hz}]}{r [\text{Mpc}]}$$
   
**Huge**  
**Challenge**

